

Care Partner Training

September 22: Webinar

Come learn more about our free 7-week, 10-session Care Partner Training course.

September 29 through November 10: Course

Our experts will offer education, tools for building self-efficacy, strategies for managing change, and a game plan for navigating the various complications Parkinson's may throw your way.



This program was created for you with a variety of topics:



Provide emotional support

Watch symptoms worsen and progress



Manage medications, appointments, and care teams

Manage outsourced and respite care



Switch roles on a dime - from spouse to care partner

Adapt or modify a home to be safe and accessible



Navigate a complex healthcare system

Become an advocate for your loved one

Make end-of-life plans

Register here:

dpf.org/cp-training



The Davis Phinney Foundation in conjunction with trusted and reputable instructors are providing a training program help navigate, provide support and recognize care partners and the importance of the role they play.

Polly Dawkins, brings 25 years of professional expertise to the Davis Phinney Foundation. Her experience includes 13 years working in engineering and international operations for a satellite communications provider and starting a local charity chapter of an international literacy organization. Polly holds an MBA from Thunderbird School of Global Management and a BA in International Studies from Earlham College. Her management skills align with her drive to help people with Parkinson's by providing resources, education, connections, and actionable research to improve their quality of life.



Jori Fleisher, MD, Dr. Jori Fleisher is an esteemed Parkinson's researcher and neurologist at Rush University Medical Center. She leads prominent clinics, directs a top-ranked Lewy Body Dementia research center, and boasts an impressive education in epidemiology. Supported by grants, her studies aim to improve the lives of those affected by movement disorders. Dr. Fleisher's significant contributions have earned her prestigious awards, solidifying her as a leading figure in neurological research.



Serena Hess, MA, MSN, RN, served as the home visit nurse during the duration of the research project for three + years, completing >300 visits to homebound individuals with Parkinson's and related disorders. She is an expert Parkinson's nurse who has seen everything in people's homes, including medication management and family dynamics, in her training to get her DNP in geriatric psychiatry.



Sarah Mitchell Chen, LCSW, APHSW-C, has been a social worker in the Rush movement disorders clinic for 10+ years, a social worker in the AIMS (movement/palliative interdisciplinary clinic) since 2019, and a therapist in private practice focused on caregivers and care transitions. She is an expert in navigating the healthcare system, patient/caregiver support, what Medicare/insurance covers and doesn't, and much more.



Kristin Gustashaw, MS, RDN, LDN, CSG, is an advanced-level clinical dietitian and certified specialist in gerontological nutrition, the go-to dietitian for a movement disorders practice for many years, and the AIMS Clinic dietitian since 2019. She is an expert in all things nutrition, constipation, unintentional weight loss, food adjustments, and liquid textures.

