

# THE VICTORY SUMMIT® VIRTUAL EVENT AGENDA

## NEWLY DIAGNOSED

*All times listed are MST. To register for this event, visit [dpf.org/vs-newly-diagnosed](https://dpf.org/vs-newly-diagnosed).*

- 9:00 – 9:30 **Choose Your Own Adventure: Movement Choice**  
Amy Says Dance, Tom Says Ride, or Dr. Mike Says Tai Chi
- 9:45 – 10:00 **The Virtual Victory Summit Event Tech Check (optional)**
- 10:00 – 10:10 **Information for the Day**
- 10:10 – 10:30 **Welcome and Inspiration**  
Davis Phinney, Founder, *Davis Phinney Foundation (Louisville, CO)*  
Connie Carpenter Phinney, MS, Care Partner, *Board Chair, Davis Phinney Foundation (Louisville, CO)*
- 10:30 – 11:30 **Living Long & Living Well with Parkinson's + Q&A**  
Dr. Cherian Karunapuzha, MD, Movement Disorder Specialist, *Meinders Center for Movement Disorders (Oklahoma City, OK)*
- 11:30 – 11:40 **Movement Break**
- 11:45 – 12:30 **Medications and Parkinson's + Q&A**  
Dr. Aaron Haug, MD, Movement Disorder Specialist, *Blue Sky Neurology (Englewood, CO)*
- 12:30 – 12:40 **Screen Break**  
Step away, stretch, use the restroom, take care of what you need
- 12:40 – 1:10 **Lunch-and-Learn: If I Can Do It, You Can Do It – Get Out and Go!**  
Linda K. Olson, Author, Speaker, Motivator
- 1:10 – 1:20 **Movement Break**
- 1:20 – 2:00 **Exercise to Live Well with Parkinson's + Q&A**  
Michael Braitsch, DPT, *Tribe Wellness (Richardson, TX)*
- 2:00 – 2:10 **Screen Break**  
Step away, stretch, use the restroom, take care of what you need
- 2:15 – 2:45 **Choose Your Own Adventure: Break Out Sessions**  
How to Advocate for Yourself with Steve and Nancy Hovey  
Finding Your Way Around Parkinsonville with Tom Palizzi  
Keep Calm and Carry On with Kat Hill
- 2:45 – 3:00 **Meet & Connect with the Davis Phinney Foundation Ambassadors**
- 3:00 – 3:15 **Closing Remarks**  
Davis & Connie Phinney, Davis Phinney Foundation staff, and Ambassadors