



103 Eastside Boulevard
Beatrice, Nebraska 68310

(402) 223-1376 toll free (888) 989-9417
FAX (402) 223-2143

 www.BlueRiversAAA.org
Follow us on Facebook: BlueRivers AAA

Serving Gage, Jefferson, Johnson, Nemaha, Otoe, Pawnee, Richardson and Thayer Counties

SERVICES TO ASSIST WITH INDEPENDENT LIVING

PUBLIC TRANSPORTATION — Leave the driving to us! Whether you need transportation for medical appointments, shopping, visiting friends and relatives, hair appointments or just to go for a ride, call us to arrange your trip. In-town and out-of-town schedules available.

MEALS — Delicious hot noon meals are served in Senior Centers plus we provide social, recreational, wellness and educational programming. Home-delivered meals are available for those unable to come to a center.

HANDYMAN/HOUSEKEEPER — Lawn mowing, minor in-home repairs, assistance with cleaning, laundry and shopping, are just some of the services we can provide.

LEGAL SERVICES — Coordinated referral and information when you need it.

INFORMATION & ASSISTANCE — Information and connection to services available in your area.

OUTREACH — Providing awareness of services available through public interaction and our speakers bureau.

CARE MANAGEMENT — Promoting independent living through a coordinated balance of family and community care resources.

HEALTH PROMOTION AND EDUCATION — Providing information on health and nutrition related topics. Presentations at Senior Centers and evidence-based falls prevention and caregiving support programs available.

ADRC NEBRASKA — The Aging and Disability Resource Center provides information, assistance and education on community services and long-term care options for Seniors (age 60+), people of all ages with a disability, as well as family members, caregivers and advocates.

FOR MORE INFORMATION:

CONTACT US AT THE ADDRESS AND PHONE ABOVE,

**VISIT OR CALL ANY SENIOR CENTER OR PUBLIC TRANSPORTATION OFFICE LISTED ON THE REVERSE SIDE,
OR CHECK OUT OUR WEBSITE OR FACEBOOK PAGE!**



BLUE RIVERS AREA AGENCY ON AGING
BLUE RIVERS PUBLIC TRANSPORTATION and ADRC NEBRASKA

GAGE COUNTY

Beatrice Senior Center
101 N 25th St
Beatrice, NE 68310
(402) 223-3055

Blue Rivers Public Transportation - Beatrice
103 Eastside Blvd
Beatrice, NE 68310
(402) 223-1357

Cortland Senior Center
W 5th St (Community Building)
Cortland, NE 68331
(402) 223-1376

Wymore Senior Center & Blue Rivers Public Transportation
815 D St
Wymore, NE 68466
(402) 645-3525

JEFFERSON COUNTY

Diller Senior Center
503 Commercial St
Diller, NE 68342
(402) 793-5993

Fairbury Senior Center
601 City Park Rd
Fairbury, NE 68352
(402) 729-5258

Blue Rivers Public Transportation
(402) 729-6475

JOHNSON COUNTY

SENCA Senior Center
172 S 4th St
Tecumseh, NE 68450
(402) 335-2134

Sterling Senior Center
130 Broadway
Sterling, NE 68443
(402) 866-2050

NEMAHA COUNTY

Auburn Senior Center
1101 J St
Auburn, NE 68305
(402) 274-4677

Blue Rivers Public Transportation
(402) 274-5365

OTOE COUNTY

Douglas Senior Center
200 Main St
Douglas, NE 68344
(402) 799-2300

Palmyra Senior Center
425 C St
Palmyra, NE 68418
(402) 780-5606

OTOE COUNTY (continued)

Syracuse Senior Center
303 Railroad Ave
Syracuse, NE 68446
(402) 269-2957
Blue Rivers Public Transportation - Syracuse
(402) 269-5129

Nebraska City Senior Center
200 N 3rd St
Nebraska City, NE 68410
(402) 873-1525

Blue Rivers Public Transportation - Nebraska City
109 S 9th St
Nebraska City, NE 68410
(402) 873-3055

PAWNEE COUNTY

SENCA Senior Center
549 F Commercial St
Pawnee City, NE 68420
(402) 852-2208

Table Rock Senior Center
402 Luzerne St
Table Rock, NE 68447
(402) 839-2060

RICHARDSON COUNTY

Falls City Senior Center
221 W 16th St
Falls City, NE 68355
(402) 245-3871

THAYER COUNTY

Alexandria Senior Center
208 Harbine St
Alexandria, NE 68303
(402) 749-3890

Davenport Senior Center
110 S Linden Ave
Davenport, NE 68335
(402) 364-2449

Deshler Senior Center
4th & Hebron St
Deshler, NE 68340
(402) 365-7698

Hebron Senior Center & Blue Rivers Public Transportation
425 Lincoln Avenue
Hebron, NE 68370
(402) 768-6052

*Home delivered meals may be available in
communities not served by a Senior Center.
Call 402-223-1376 for more information.*

We're only a phone call away!