
MEDICATIONS TO AVOID OR USE WITH CAUTION

MEDICAL DISCLAIMER

This material is for informational purposes only and does not replace the advice or counsel of your physician or health care provider. This is not an exhaustive list of every drug that may be contraindicated for people with Parkinson's or for common first-line Parkinson's medications. Be sure to rely only on the advice of your prescribing physicians before starting, adding, or dropping any medications. We recommend you always have a list of every medication you take and dosages with you in case you have to go to the hospital and are working with doctors who are unfamiliar with you or Parkinson's.

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It can be challenging to keep track of all your medications, especially if you're using medications for both motor and non-motor symptoms. However, keeping an accurate up-to-date list of your medications decreases the likelihood of an unwanted medication interaction. Studies have found that one in three people with Parkinson's have been prescribed contraindicated drugs while they were hospitalized, which highlights the importance of having an up-to-date list of medications.

MAO-B CONTRAINDICATED MEDICATIONS

Most prescription antidepressants have a potential interaction with MAO-B inhibitors. Prescription antidepressants have been used safely in thousands of people with Parkinson's, but your prescribing physician may need to inform the pharmacy if they consider the benefits to outweigh the risks.

GENERIC NAME	TRADE NAME
Meperidine (pain medication)	Demerol
Tramadol (pain medication)	Ultram
Methadone (pain medication)	Dolophine
St. John's Wort (antidepressant)	Several brands
Cyclobenzaprine (muscle relaxant)	Flexeril
Dextromethorphan (cough suppressant)	Robitussin, other brands
Pseudoephedrine (decongestant/stimulant)	Sudafed
Phenylephrine (decongestant/stimulant)	Vicks Sinex, etc.
Ephedrine (decongestant/stimulant)	Emerphed, Akovaz, etc.
Linezolid	Zyvox
Phenelzine	Nardil
Tranlycypromine	Parnate
Isocarboxazid	Marplan

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FIRST-GENERATION ANTIPSYCHOTICS

These medications block dopamine receptors in the brain, thus countering the desired effects of Parkinson's medications and likely worsening Parkinson's motor symptoms.

GENERIC NAME	TRADE NAME
Loxapine	Loxitane
Pimozide	Orap
Fluphenazine	Prolixin
Trifluoperazine	Stelazine
Haloperidol	Haldol
Chlorpromazine	Thorazine
Thiothixine	Navane
Perphenazine	Trilafon
Thiothixine	Mellaril

SECOND-GENERATION ANTIPSYCHOTICS

These medications block dopamine receptors in the brain, thus countering the desired effects of Parkinson's medications and likely worsening Parkinson's motor symptoms. These medications block less dopamine than first generation antipsychotics, but they should nonetheless be avoided.

GENERIC NAME	TRADE NAME
Lurasidone	Latuda
Asenapine	Saphris
Olanzapine	Zyprexa
Aripiprazole	Abilify
Iloperidone	Fanapt
Cariprazine	Vraylar
Risperidone	Risperdal
Brexpiprazole	Rexulti
Ziprasidone	Geodon
Paliperidone	Invega

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ANTIEMETICS

These medications treat nausea by blocking dopamine receptors in the brain, thus countering the desired effects of Parkinson's medications and possibly worsening Parkinson's motor symptoms.

GENERIC NAME	TRADE NAME
Prochlorperazine	Compazine
Chlorpromazine	Thorazine
Promethazine	Phenergan
Metoclopramide	Reglan
Droperidol	Inapsine

TREATMENTS FOR HYPERKINETIC MOVEMENTS

These medications are used for a condition called tardive dyskinesia, which is different than levodopa-induced dyskinesia. These medications lower dopamine, possibly worsening Parkinson's motor symptoms.

GENERIC NAME	TRADE NAME
Tetrabenazine	Xenazine
Valbenazine	Ingrezza
Deutetrabenazine	Austedo

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ANTIHYPERTENSIVES

These medications reduce dopamine, possibly worsening Parkinson's motor symptoms.

GENERIC NAME	TRADE NAME
Reserpine	Serpalan
Methyldopa	Aldomet

ANTIDEPRESSANTS

Amoxapine is a TCA but unlike other TCAs also blocks dopamine receptors. Phenelzine, isocarboxazid, and tranylcypromine are nonselective MAO inhibitors and cannot be taken in conjunction with MAO-B inhibitors.

GENERIC NAME	TRADE NAME
Amoxapine	Asendin
Phenelzine	Nardil
Isocarboxazid	Parnate
Tranylcypromine	Marplan



YOU CAN LIVE WELL WITH PARKINSON'S. GET STARTED NOW.

First published in 2010, the Every Victory Counts® manual broke new ground as the only resource of its kind, devoted solely to the principle of proactive self-care and a holistic approach to managing Parkinson's. In subsequent editions, it has gained international recognition as a superb and comprehensive resource for changing the way people live with Parkinson's. Now in its sixth edition, the manual is the cornerstone of our new Every Victory Counts suite of resources, a robust collection of printed and digital manuals (including a new Every Victory Counts Manual for Care Partners) that embrace the Davis Phinney Foundation's philosophy of taking action to improve your quality of life with Parkinson's.

To see our complete medication guide, order your free copy of the Every Victory Counts® manual at <https://davisphinneyfoundation.org/every-victory-counts-manual>.

ABOUT THE DAVIS PHINNEY FOUNDATION

The Davis Phinney Foundation was created in 2004 by Olympic medalist and retired professional cyclist Davis Phinney to help people with Parkinson's live well today. The organization's focus is to provide programs and resources that offer inspiration, information, and tools that enable people living with Parkinson's to take action that can immediately improve their quality of life. Through The Victory Summit® virtual event series, Every Victory Counts® manual, Ambassador Leadership program, Healthy Parkinson's Communities initiative, funding of quality-of-life research, and extensive online content, the organization impacts hundreds of thousands of individuals each year. Learn more at <http://davisphinneyfoundation.org>.
