

parkie freeze needs 'fire!'*

"The questions always remains: In what do we take refuge?" Pema Chodron

i'm slo-mo sludge
mucked brain
dead-zone static
rigid old leather
short-breath catch-breath
geared super lowdown
ache-drain ache-fill
ache-drain ache-fill
braked wheels groaning
move move oh please move
heavy ham-hands
curling toes
lean brace lean tip
totter faceless
only my heart races
my mind fogs
i'm going/to fall
i'm going/to cry
thick wet-glue
knotty cramp strain

wait!
wait!
listen for it
wait!
do do-do do / do do-do
the hard bass-line
do do-do do / do do-do
yes yes now explode
the sax wail
haaaaaaaaaaaaaay
eeeeeeeeeee-iiiiiiii
ohhhhhhhhh youuuuuu
pound some poundskins
puhpuhpuhpuh puhduhuhguh
hold it steady ride
do do-do do / do do-do
do do-do do / do do-do
reed-squeals slidenoise
screamgrowls
do do-do do / do do-do
do do-do do / do do-do
throw down solo sticks

ticktick clickslam bangclack
take it back
heartflow
full body freeweight
buddha-in
buddha-out
wholebreaths
right-step swing
left-step swing—

take a your body
for a walk!

**fire!* is a free-jazz hard-rocking nordic noise trio.