## parkinson's is nothing like boxing

the best boxers go into the fight with a plan but are quick as top jazzers to improvise on the themes that emerge in ring-time always knowing the difference between winning and losing might be a single opportunity or relentless discipline to score lots of small points whose cumulative effects wear down the opponent add-up to the Decision

parkinson's is nothing like boxing:

no weight divisions extremely unequal opponents no rules no referee no judges the bout is not divided into rounds the bout continues to death no contract is ever signed there is no purse the fight is rigged from the start there will be no re-matches there will be no long career of exciting contests no one no one no one chooses this fight there's no pre-fight hoopla media circus hype the fight was fixed long before the pwp made a fist

## besides

i'm no gym-rat bad-ass brawler i'm more a duck-and-cover run-for-the-hills avoid-pain-at-all-costs trying-to-love-myself kinda guy i don't relish making a heavyweight opponent of my own body/brain parkinson's is not like a fight at all