

Mary Sue Lanigan
Chief Executive Officer
Michigan Parkinson Foundation

www.parkinsonsmi.org

(800) 852-9781

- The Michigan Parkinson Foundation's mission is to provide education and support to people with Parkinson disease and their family members and the health professionals who diagnose and treat those with the condition.
- We are an independent, non profit 501(c) 3 organization, established in 1983 and headquartered in Michigan
- Governed by a Board of Directors and a Medical Advisory Board comprised of Movement Disorder Specialists and allied health professionals.
- Funds raised in Michigan stay in Michigan and provide support for direct patient services and programs

Patient Assistance Programs provided by Michigan Parkinson Foundation

Financial Assistance for in home personal care for people with Parkinson's



Financial assistance for costly Parkinson medication



Mobility Equipment Loan Program



Parkinson Education Programs: Delivered by health care professionals

- ***Orientation to Parkinson's***, a two hour program for the newly diagnosed
- ***PD Self Efficacy***, a nine session program that meets monthly
- ***Living with Parkinson's*** a series of five workshops on how to live well with Parkinson's
- ***Newly Diagnosed*** patient education packet provided at no cost
- **Pro-Bono Legal Program**, attorneys on our board provide guidance on medical disability issues, estate planning, trusts and Medicaid issues

Caregiver Education Programs

Key 2020-21 Initiative - Compassionate, Responsive Care Project Funded by Michigan Health Endowment Fund

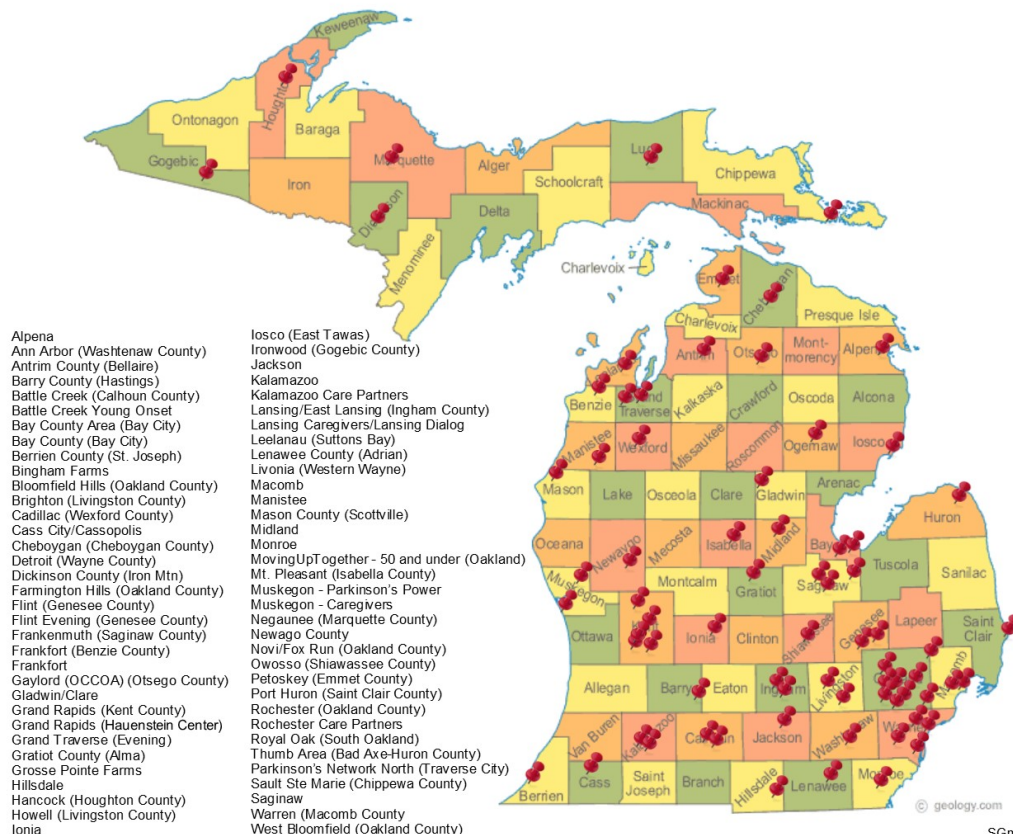
Purpose to educate health care professionals, direct care aides and family members on the daily care and management of an individual with Parkinson's

Provide training module for staff at

- Extended care facilities staff
- Home health care aides
- Family member caregivers

Training Module includes

- (7) five to ten minute video and manual on how to care for the Parkinson patient
- Pre-& post test
- Certification process
- Accompanying manual for the care of a Parkinson patient



SUPPORT! A full time staff social worker is available for counseling, assisting with accessing community resources and administers and trains our support group leaders.

- Support Groups are the cornerstone of our mission.
- 76 Parkinson Support Groups, meet monthly and provide education and support
- 1672 people attended Parkinson Support Group Meetings in Michigan in 2019

Exercise...the Prescription for Parkinson's



Exercise programs offered 3 times a week via Zoom during COVID 19

- PWR Moves by Angee Ludwa, PT offered every Tuesday at 10:00 am via Zoom
- Yoga Adapted for Parkinson's by Mindy Eisenberg, offered every Wednesday and Friday at 10:30 am

Post COVID19, we provide stipends to pay for community exercise programs



Call us, We Can Help!
www.parkinsonsmi.org



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