



ALEX ARMITAGE, CNL, APRN, FNP-BC

Alex Armitage is a board-certified Nurse Practitioner, specializing in neurology and neurosurgery. She trained and worked in New Hampshire before moving to Texas. She has been with Baylor Scott and White, in Temple and Waco, for the past four years, running the Plummer Movement Disorder's Center. She specializes in Parkinson's and has written two books along with numerous publications. She is passionate about teaching and gives lectures on neurology and movement disorders to medical and nursing students, as well as at local and national conferences. Bringing evidence-based practice to the bedside is her passion.



CONNIE CARPENTER PHINNEY, MS, BOARD CHAIR

Connie Carpenter is an entrepreneur, author, artist, life-long athlete and is extremely passionate about her work as a member of the Board of Directors for the Davis Phinney Foundation. She particularly enjoys sharing her experiences through the [written word](#) and as an eloquent and humorous public speaker. Connie has a master of science degree in exercise science from the University of Colorado and completed her undergraduate work at the University of California – Berkeley. She has two adult children, Taylor and Kelsey, with her husband, Davis Phinney.



POLLY DAWKINS

Polly brings 25 years of for-profit and nonprofit experience to her position as the Executive Director of the Davis Phinney Foundation. She is committed to making wise use of the Foundation's [resources](#), enabling it to extend its reach while staying true to its mission. Polly is passionate about helping people with Parkinson's thrive by providing education, connection to community and [funding quality of life research](#) that takes the guess work out of living well.



HANNAH FUGLE, DPT

Dr. Hannah Fugle has extensive coursework and training in neurological rehabilitation. She uses a holistic approach built from her background in international health work, support group facilitation and a deep passion for caring for her patients. Dr. Fugle practices out of the [Center for Healthy Aging and Neurology program](#) at Northwest Rehabilitation Associates in Salem, Oregon.



SUSAN IMKE, FNP, GNP-C

Susan Imke holds ANCC-certification as a gerontological nurse practitioner and is the CEO of Senior Health Solutions in North Richland Hills, Texas. She specializes in the neurology of aging, including Parkinson's and other neurodegenerative disorders. Susan is an educational consultant to the Parkinson's Foundation, member of the International Parkinson Disease and Movement Disorders Society and the Texas Coalition for Nurse Practitioners. She has authored numerous publications related to Parkinson's and is a [frequent speaker](#) to health professionals, patients and families living with chronic neurological conditions.



ROBERT IZOR, MD

Dr. Robert Izor is a board-certified neurologist and fellowship-trained movement disorder specialist. Dr. Izor established Neurology Solutions Movement Disorder Center in 2004, which is the only subspecialty movement disorders clinic in Central Texas offering a comprehensive continuum of care that includes medication, [nutrition counseling](#), physical therapy, cognitive and speech evaluation, pain and spasticity control, sleep evaluation and surgical management. Dr. Izor has participated with neurosurgeon Dr. Anant Patel in the deep brain stimulation implant surgeries and programming of nearly 200 patients in the Austin area. Dr. Izor is a member of several professional societies, including the International Parkinson and Movement Disorder Society, the American Academy of Neurology and the American Academy of Sleep Medicine.



DHRUVE JEEVAN, MD

Dr. Dhruve Jeevan specializes in the management of neurosurgical disorders of all ages, as well as minimally invasive and endoscopic techniques. Dr. Jeevan is committed to providing outstanding care and expertise to both his adult and pediatric patients and their families. His research interests include refining the targeting and imaging for deep brain stimulation as well as radiation reduction in pediatric imaging.



RON KING, PARKINSON'S ADVOCATE

Ronald King's career spans decades of teaching and administration at multiple universities. After retiring early from teaching, he continued to publish books and earned a seminary degree. Prior to his diagnosis in 2007, Ron was an avid runner. The major turning point in his life occurred late in 2017, when Ron's Parkinson's symptoms became difficult to manage and it was a challenge to remain positive. His doctor suggested the option of Duopa therapy and since starting it, Ron has been able to get back to the things he enjoys.



SARAH KING, DPT

Dr. Sarah King is a passionate Parkinson's advocate who holds a doctorate in physical therapy and is a Parkinson's Wellness Recovery (PWR!®) certified therapist. Her in-person and [online programs](#) are designed to help those diagnosed with Parkinson's get out of overwhelm and into action by connecting them with the tools and support they need to thrive over the course of their Parkinson's journey.



BENZI KLUGER, MD

Dr. Benzi Kluger is an Associate Professor of Neurology and Psychiatry and the Director of the Movement Disorders Center at the University of Colorado Denver. He is also on the Parkinson Disease Association of the Rockies program committee and directs the [University of Colorado Hospital's Supportive and Palliative Care Program for Neurology](#), one of the first programs of its kind in the United States.

Dr. Kluger's research focuses on improving understanding of the causes of non-motor symptoms in Parkinson's, including fatigue and cognitive dysfunction, as well as developing better treatment approaches. His research covers many diverse approaches ranging from a novel neuroimaging approach (magnetoencephalography), to developing a diagnostic test for Parkinson's, to clinical trials of exercise and [acupuncture](#).



LAUREN LEWIS, NFPT

Lauren Lewis is a NFPT certified fitness instructor with over 30 years of experience teaching group classes and personal training for competitive athletes through senior citizens. In 2013, she joined [Power for Parkinson's](#), an Austin-based non-profit offering free symptom-directed exercise, dance and singing classes to people with Parkinson's and their care partners. Lauren's [Move & Shout videos on YouTube](#) have also engaged a global audience among the Parkinson's community.



MARK MAPSTONE, PHD

[Dr. Mark Mapstone](#) is a Professor of Neurology at the University of California, Irvine School of Medicine where he is also a member of the Institute for Memory Impairments and Neurological Disorders (IMIND) and a Fellow in the Center for Neurobiology of Learning and Memory. His research focuses on early detection of neurological disease, especially Alzheimer's and Parkinson's, using cognitive tests and biomarkers obtained from blood. Dr. Mapstone has a special interest in developing strategies to maintain successful cognitive aging through diet, exercise, sleep hygiene and cognitive engagement. He has authored over 75 manuscripts and is the recipient of a Career Development Award from the National Institute on Aging.



JILL MCCLURE

Jill McClure joined the Parkinson's Foundation Helpline in 2012. She thrives on connecting with people and has a background in hospital administration and subject matter expertise for foundations serving the breast cancer and inflammatory bowel disease communities. In her role on the Helpline, Jill gains new insights into Parkinson's every day that she uses to ease the weight of living with Parkinson's or having a family member living with Parkinson's. Her expertise is both personal and professional: her father lived with Parkinson's. When she's not staffing the Helpline, Jill enjoys spending time with her family and dog outdoors.



ANANT PATEL, MD, FAANS

Dr. Anant Patel is a board-certified Neurosurgeon recognized for utilizing innovative surgical techniques. He thrives on combining his interest in technology with his passion for neurosurgery and is continually researching surgical advancements to provide the best possible options for his patients. Dr. Patel has been at the forefront of bringing cutting edge technology to Austin since 1997, including frameless deep brain stimulation, and is a principle on-site trainer for this technology.



ELIZABETH PECKHAM, DO

Dr. Elizabeth Peckham is a fellowship trained movement disorder specialist practicing at [Central Texas Neurology Consultants](#) in Round Rock, Texas. Dr. Peckham focuses on the clinical treatment of movement disorder patients (including deep brain stimulation, Duopa and botulinum toxin injections). In addition, she is the Principal Investigator on multiple clinical trials for patients with movement disorders.



TERRY PEERY, DO

Dr. Terry Peery is a fellowship trained sleep disorder specialist practicing at [Central Texas Neurology Consultants](#) in Round Rock, Texas. Dr. Peery focuses on the clinical treatment of sleep disorders and epilepsy. He interprets sleep studies and electroencephalograms (EEGs). In addition, he is involved in clinical trial research for sleep and epilepsy patients.



KRISTI RICHARDS, NASM-CPT

Kristi Richards is the found of [4:13 FITNESS](#) in Austin. She is a certified personal trainer with the National Academy of Sports Medicine with nine years of coaching experience. Three years ago, Kristi launched 4:13 FITNESS and in that short time it has grown to three gyms in the capital area. She has a bachelor's degree from the University of Texas at San Antonio and is a certified Rock Steady Boxing Coach and PWR!Moves® Instructor. Kristi also homeschools her four children alongside her husband, Ben.



GRETCHEN ROSSWURM, MS, PARKINSON'S ADVOCATE

Gretchen Rosswurm joined the Parkinson's Foundation Advisory Council in the Spring of 2018. She was diagnosed with Parkinson's in 2017 at the age of 52. Her commitment to the Parkinson's Community springs from a deep history of Parkinson's in her family while at the same time believing that what seems an impossible challenge creates opportunities for connection, healing and hope. Professionally, Gretchen works for a corporation in Dallas. She also blogs and writes short fiction.



BOB SAHM, PARKINSON'S ADVOCATE

Bob Sahm has eight years of experience as a movement disorders enthusiast at Per Aspera ad Astra. Bob frequently speaks to motivate younger people who have been recently diagnosed with Parkinson's. He also has 30 years of professional experience in public accounting. Bob enjoys running long distances, training for triathlons and linking up with people who tackle difficult challenges.



MICHAEL SOILEAU, MD

Dr. Michael Soileau is a Movement Disorder Neurologist and Owner of [Texas Movement Disorder Specialists](#), which serves both the Georgetown-area and Waco-area. A native Texan, he received his bachelors of science in education from Baylor University, followed by his medical degree at the University of Texas Medical School in Houston. He then left Texas for his neurology training at the University of Michigan in Ann Arbor, only to return to his medical school alma mater for his fellowship in the medical and surgical management of movement disorders. With a large focus on education, Dr. Solieau serves as a Clinical Assistant Professor at Texas A&M Health Science Center, where he educates resident physicians in addition to traveling regionally and nationally to teach about the advanced treatments of movement disorders. Outside of the office, Dr. Solieau loves spending time with his wife, Janiece, a Pediatric Nurse Practitioner, and his two sons.



DAN STULTZ, PARKINSON'S ADVOCATE

Dan Stultz practiced internal medicine in San Angelo, Texas for 28 years. He retired in 2014 as President and CEO of Texas Hospital Association. In 2007, Dan was diagnosed with Parkinson's and five years later, underwent deep brain stimulation. Dan enjoys welding projects, knife making and spending time with wife of 47 years, three children and eight grandchildren.